

## **Parent's Guide: testimonial**

*Jennifer Davis*

*08.08.2007*

Several years ago, our daughter who had just turned ten, went from being a vibrant, happy and healthy child to a young girl who was overcome with fear and anxiety. It was one of the most devastating and heartbreaking times of our lives to watch our vibrant, happy daughter, who seemed to have everything going for her, sink into a dark world of fear, anxiety and depression. We were totally unprepared for this as my husband and I had never experienced anything like it and it was hard to know which way to turn for help.

We tried all the typical routes with psychologists, and therapy, and because of a lot of physical symptoms she was experiencing, we put her through every medical test possible. All the results were negative, but she couldn't seem to get past her fears and physical ailments. It became evident that she didn't trust anyone or anything could help her; she has basically given up hope. It got to the point where she wouldn't leave the house and she missed over three months of school. She was afraid to eat because every time she did it made her feel sick. She lost all trust that her body would sustain her, and we were really at a loss as to what more we could do to help.

The springtime of that year finally came and with it the nicer weather and hope of new life! Our daughter seemed a little better and was able to return to school for the last couple of weeks of her fourth grade year. During that summer we saw some improvements and she went back to school in the fall. That school year seemed to go smoothly enough, although we could still tell that she was holding back from doing things that she used to enjoy. By the start of her seventh grade year, we could see that her fears and anxiety were beginning to take over again, and we knew we had to do something right away. I still wasn't sure of where to turn as all the other courses of action we tried in the past just seemed to like band-aids covering things up. We never really saw believable or sustainable results.

I was discussing my frustrations and concerns with a friend of mine, and after hearing our story she immediately said, "I know exactly what you can do... go see Dr. Matt, my Chiropractor!" She had been going to Dr. Matt for over a year and seen children of all ages at the Pallis Chiropractic Center. She saw first hand and heard about case after case of the success kids had experienced after having chiropractic care. She knew it for herself too. Over the past year of being under chiropractic care she didn't get her usual wintertime colds or flu's and she didn't experience any of her usual seasonal allergies. I was excited to hear that, but still skeptical... how could chiropractic really help my daughter, who was dealing with fear, anxiety and not trusting her body? Then my friend said, "Chiropractic Helps Everything...Go see my chiropractor; let him explain and show you how it all works...you will be amazed!"

And so we went, still skeptical, especially my daughter, who at that point was fed up going to see more doctors. When we arrived at the Chiropractic Center, we knew right away that this was a great place to be. We instantly felt comfortable and connected by the warm greeting we received and the unbelievable positive energy flowing throughout the place. Dr. Matt had such an incredible way of relating to us that it instantly created a bond of trust and caring, that we had never experienced with anyone before. He explained how chiropractic works and how having adjustments allows our bodies to do its work of healing. The process was not painful or uncomfortable at all. He told us how chiropractic is the natural way to keep our bodies and minds at consistent optimal health! Well, that was all my daughter had to see and hear, and on the way home I had not seen her so encouraged and happy in a very long time. After attending the new patient orientation, where Dr. Matt demonstrated even further what chiropractic can do for the total mind and body health, AND the importance of starting care at a young age...We signed up!!...and have never regretted it for one minute!! In the beginning I was worried about how we could fit our chiropractic visits into our busy schedules and find time to travel to the office, as it was quite a distance from our home...but... we found that each visit was such a positive experience, and we knew that incredible benefits we were getting from it, that we made it a top priority in our lives. It became the highlight of our week to go for our chiropractic visits!!

To me, and my daughter, choosing Chiropractic was one of the best decisions I ever made. As parents, the main thing we want for our children is for them to be healthy and happy. It is so very frustrating and heartbreaking when we cannot provide that for them, (as I experienced first hand). I NEVER want to go back to that place of feeling helpless when it comes to my child's well being. Now I know we don't have to! WE FOUND CHIROPRACTIC...WE HAVE A TICKET TO GOOD HEALTH FOR LIFE!!

Today our daughter is a thriving young teenager. She is so positive and confident, she trusts her body and she knows she is always at her best optimal health. She knows this because SHE HAS CHIROPRACTIC CARE! She doesn't worry anymore and her anxiety is basically gone! She actively participates in the sports, school, and social activities she loves. She says YES to life! Deep in my heart I know that we owe so much of this incredible turnaround to finding our "Magical Chiropractor," Dr. Matt whose personal connection, devoted caring and expert chiropractic skills have made ALL the difference in our life. We are forever grateful. I wish we had met Dr. Matt and found chiropractic years ago... but I wish even more that every parent would be open to the idea of chiropractic for his or her children. It's NOT just for adults with aching backs like most of us were led to believe long ago. It's for EVERYONE...

Especially for children! WHAT BETTER GIFT COULD YOU GIVE YOUR CHILD THAN THE GIFT OF HEALTH, AND WHAT GREATER PEACE OF MIND

COULD A PARENT HAVE KNOWING THAT THEY'VE DONE THE VERY BEST  
THING POSSIBLE TO ALLOW THEIR CHILD TO LIVE AT THEIR FULLEST  
POTENTIAL?

Chiropractic does that!...We are living proof!

Jennifer Davis  
08.08.2007